

## Test your knowledge of mental illness in Idaho.

Mental illness is more common than most people realize. Here's an opportunity to test your knowledge of mental illness in Idaho.

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| <b>Q</b> The percentage of children and adolescents who experience mental illness in Idaho.  | <b>A</b> Approximately 20% children and adolescents in Idaho have a mental illness.                                   |
| <b>Q</b> The percentage of families in Idaho personally affected by mental illness.  | <b>A</b> More than (20%) of the families in Idaho are personally affected by mental illness                           |
| <b>Q</b> The percentage of Idaho youth with eating disorders.  | <b>A</b> 4% of the youth in Idaho have an eating disorder   |
| <b>Q</b> Percentage of Idaho students who have reported feelings of sadness or hopelessness for at least two weeks over the past year which has affected their daily activities.   | <b>A</b> 28% of Idaho students reported feelings of sadness or hopelessness for at least two weeks over the past year |
| <b>Q</b> Percentage of Idaho students who have been diagnosed with depression.   | <b>A</b> 6% of Idaho students have been diagnosed with depression   |
| <b>Q</b> Percentage of Idaho students who seriously considered suicide.  | <b>A</b> (xx) of Idaho students have seriously considered suicide in the last twelve months                           |
| <b>Q</b> Percentage of Idaho students who have developed a plan to commit suicide.   | <b>A</b> (xx) of Idaho students have developed a plan to attempt suicide in the last twelve months                    |
| <b>Q</b> Percentage of Idaho students who have attempted suicide in the last twelve months which resulted in injury, poisoning, or overdose that was treated by a doctor or nurse. | <b>A</b> (xx) of Idaho students who attempted suicide in the last twelve months required treatment by a doctor.       |

